

Coach Kory brings a very diverse and valuable skill set to Wright Now Fitness. Born and raised in Henderson, North Carolina, Kory studied Sociology at Concord University in Athens, West Virginia. While there on an Athletic Scholarship, Kory excelled at both Baseball and Football.

Kory is certified as a personal trainer with the National Academy of Sports Medicine. He served as an Instructor in the Continuing Education Department at Coastal Carolina Community College and in the National Academy of Sports Medicine Personal Training Certification program. Kory is an active coach in the local youth sports leagues.

He specializes in group training, corrective exercises, and youth performance training.